



Report jointly commissioned by Barnet, Enfield and Haringey Mental Health NHS Trust, Barnet Clinical Commissioning Group, Enfield Clinical Commissioning Group and Haringey Clinical Commissioning Group

# Mental Health Strategies asked to report on:

- An assessment of any potential gap between what commissioners are able to invest and the expected cost of providing current range of services
- Recommendations for high level options to address that potential gap.
- Areas not covered by brief:
  - Child and adolescent mental health services
  - Services provided by BEH-MHT to residents of other boroughs
  - Specialist mental health services commissioned via regional or national arrangements.

# Mental Health Strategies' high level conclusions of nature and scale of funding

- BEH-MHT Trust is forecasting an overspend on additional acute activity, including external placements, of £6.5 million above budget for 2013/14
- Adult acute inpatients form the largest area of this overspend. In particular, BEH-MHT has a high proportion of patients experiencing a delayed transfer of care
- This, together with very high Cost Improvement Programme expectations, means that BEH-MHT has higher expenditure than income.

# Mental Health Strategies' early recommendations

- The Trust and CCG partners should:
  - Review all commitments which involve new expenditure on additional mental health services
  - Consider investing in services such as home treatment services, which will help prevent admissions – better both for patients and better for the mental health organisation
  - Take measures to reduce delayed transfers of care
  - Consider opportunities for site consolidation and estates rationalisation
  - Improve the efficiency of commissioning practices, such as reducing the use of spot-purchasing
  - Review all referral and discharge policies, to ensure patients are not kept in beds unnecessarily

## Next steps

- Report by Mental Health Strategies is currently in draft form
- Has yet to be presented to the BEH-MHT Board and the Governing Bodies of the three CCGs
- Detailed further work is needed
- If accepted, work to address the key recommendations will be taken forward by the Mental Health Transformation Board, involving the three CCGs and the Trust.